

The Song of the Sea. 32 bar Strathspey (4 cpls)

1-8. 1st & 3rd couple set to partners (advance slightly on left) turn (2 hands) lead down and cast up around 2nd & 4th couples respectively, ready for

9-16 "Double Figure of 8", giving R hands in crossing and then L hands: 2s and 4s cast up to enter the Figure of 8 - finish ready for

17-22 "The PROGRESSION". 1st cpl face down, nearer hands joined, 2s 3s and 4s face up, nearer hands joined. All set for 6 bars, the 1st cpl travelling "in and out" to reach the bottom of the dance, the other couples progressing up one place as they set - AND CONTINUE SETTING FOR ALL 6 BARS.

23-24 All turn partner with 2 hands $\frac{1}{2}$ 8, opening out into

25-28 Two circles of 4 - circle once around, finishing in a line up and down the dance, men facing down, ladies facing up (each facing partner)

29-32 All set to partner and with "petronella turn" travel out to own side of the dance.

by John Drewry

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